

# CURSILLO



## **FORMAT OF THE EXERCISES**

Cursillo (pronounced “kur-see-yo”) is a Spanish word meaning “little, or short, course.” The full name of the movement, Cursillo de Cristiandad, translates into English as “little lesson in Christian living.”

It begins on a Thursday evening and ends the following Sunday afternoon. During the three days, those attending live and work together listening to talks given by priests and laity. They also share the Eucharist and pray together. The titles of the talks indicate their content: Ideal, Grace, Laity, Faith, Holiness, Formation, The Sacraments, Evangelization, Obstacles to the Life of Grace, Leaders, Study and Evangelization of the Environments, Developing Christian Community Within our Environments, Christian Life, and Group Reunion and Ultreya. Each talk is followed by a discussion period. Cursillo gives you time to stop and think about your life and your relationship to God.

The mood of a Cursillo is both peaceful and meaningful. At rest in the grace of God’s perpetual love, people find themselves renewed. We re-enter the world aware that we are light-bearers ready to share the peace, joy, happiness and contentment that God had given us.

## **THE FOURTH DAY**

The “after” activity of the Cursillo is known as the “fourth day.” During this time, perseverance is important just as it is in any method of renewal. In the Cursillo Movement, the community spirit is continued after the three days through the “ultreya” or reunions of the community. These are available monthly as a means of growth in understanding and enthusiasm within the Christian Community. Reunions of smaller groups of friends are available weekly in order to encourage one another in spiritual improvement and the Christian apostolate.

## **ENCOUNTER WITH CHRIST**

A Cursillo is an encounter with Christ. That sounds too simple but it’s not. Think about it. A real meeting with Christ. If that is understood then the power, beauty and joy of the Cursillo Movement will be understood, Interested? Attend one!

## **CHRISTIAN ENVIRONMENTS**

The goal of the movement is that Christ be the prime influence in society. The primary objectives of the Cursillo Movement are to develop in adult Christians a consciousness of their power and mission to become leaders in the work of Christian renewal and to sustain them as they provide a Christian influence in one’s family, school, and place of business, etc. This “Christianizing of environments” is what the Cursillo Movement is all about.

A Cursillo Weekend’s aim is to concentrate closely on the person and teachings of Jesus Christ. Cursillo gives those who attend a living understanding of basic Christian truths and the desire to serve the Church. What’s more, it provides a means to continue the Christian formation that begins on the weekend.

## **How to attend**

Cursillo weekends have been held in Dickinson during March every year since 1990. A men’s Cursillo is followed one or two weeks later by the women’s Cursillo.

Mail Application to:

Dickinson Cursillo  
PO Box 263  
Dickinson, ND 58601